The Kelkar Education Trust's

V. G. Vaze College of Arts, Science and Commerce (Autonomous) - Affiliated to University of Mumbai

(Re Accredited By NAAC with Grade A)

Revised Syllabus for FYBSc Based on NEP-2020 Guidelines

Program: B.Sc.

Course: BOTANY

Semester I

To Be Implemented From Academic Year 2023-24 F.Y.B.Sc (Botany)

Semester: I

Open Elective (OE)- I

Course code: VGVUOE104

Course Title: Cosmetology decoded by Botanicals-I

Course code: VGVUOE104 (Credits-04)

| Teaching Scheme (Hrs/Week) | | | | uous Internal Assessment (CIA) 40 marks | | | | | End Semester Examination | Total |
|----------------------------------|--|---|---|--|-----------|------|-----------|-----|-----------------------------|-------|
| L | T | P | C | CIA- 1 | CIA- 2 | CIA- | CIA- 4 | Lab | Written | |
| 3 | - | 1 | 4 | 20 | 15 | 05 | | - | 60 | 100 |
| M | Max. Time, End Semester Exam (Theory) -2Hrs. | | | | | | | | | |

Course Learning Objectives

- 1. To impart knowledge of herbal cosmetology and its related aspects.
- 2. To acquaint the students with common herbs (raw materials) used in the cosmetic industry.
- 3. To study some important herbal formulations.

Course Learning Outcomes

After the successful completion of the course, Learners will be able to

CO1- Gain basic ideas about the herbal cosmetic industry.

CO2- Learn about the applications of prospective herbs of cosmetic importance.

CO3 - Develop and enhance skills required to take up Herbal Cosmetology as a profession.

Unit 1 – An overview of Herbal Cosmetics

- 1.1 Introduction to Herbal Cosmetology, Types of Herbal cosmetics
- 1.2 Historical background of Herbal cosmetology, Advantages of Herbal Cosmetics,
- 1.3 Current Status and Future Scope of Herbal Cosmetics in India and abroad.
- 1.4 Herbal cosmetology An Entrepreneurial Skill

Unit 2 – Herbal Plants: Uses as Cosmetics

- 1.1 Herbs of cosmetic importance (with special emphasis on their source, active principles and cosmetic properties.):
 - Almond oil
 - Aloe Vera
 - Neem
 - Turmeric

- Sandalwood
- Eclipta

1.2 Natural colorants: Biological Source, coloring principles, chemical nature and usage of the following herbals:

- Henna
- Indigo
- Saffron
- Beet root
- Bixa

Unit 3 - Study of the following Herbal cosmetic formulations:

- 1.1 Herbal Face oils
- 1.2 Herbal face packs
- 1.3 Herbal hair mask

| Practical | Cosmetology decoded by Botanicals | | | | | | | |
|-----------|---|--|--|--|--|--|--|--|
| Sr. No. | Description | | | | | | | |
| 1. I | Identification of different herbs used in cosmetic formulations. | | | | | | | |
| 2. | Preparation of the following herbal formulations: | | | | | | | |
| | Herbal Face oil | | | | | | | |
| | Herbal Aloe Vera gel | | | | | | | |
| | Herbal face packs | | | | | | | |
| | Herbal hair mask | | | | | | | |
| 3. | Preparation of dyes from the following herbs: | | | | | | | |
| | Henna | | | | | | | |
| | Malabar spinach | | | | | | | |
| | Beetroot | | | | | | | |
| 4. | Preparation of hair dyes. | | | | | | | |
| 5. | Preparation of lip tints. | | | | | | | |
| 6. | Industrial/Institutional visit to enhance entrepreneurial skills. | | | | | | | |

References:

- 1. Cosmetics- Formulation, Manufacturing and Quality control P.P. Sharma
- 2. Herbal Cosmetics Hand Book- H. Panda
- 3. Herbal Cosmetics by P. K Chattopadhyay
- 4. The Complete Technology Book on Herbal Perfumes and Cosmetics by H. Panda
- 5. Pharmacognosy by Trease and Evans
- 6. Pharmacognosy by Kokate, Purohit and Gokhale
- 7. Pharmacognosy & Pharmacobiotechnology by Ashutosh Kar
- 8. Essential of Pharmacognosy by Dr. S. H. Ansari
- 9. Cosmetics Formulation, Manufacturing and Quality Control, P.P. Sharma, 4th edition, Vandana Publications Pvt. Ltd., Delhi

- 10. Wilkinson, Moore, seventh edition, George Godwin. Poucher's Perfumes, Cosmetics, and Soaps.
- 11. Hilda Butler, 10th Edition, Kluwer Academic Publishers. Handbook of Cosmetic Science and Technology, 3rd Edition.

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Program: B.Sc.

Course: BOTANY

Semester II

To Be Implemented From Academic Year 2023-24 F.Y.B.Sc (Botany) Semester: II

Open Elective-II

Course Title: Indoor Gardening-I

Course code: (Credits-04)

| | Scl | ching heme /Wee | • | Continuous Internal Assessment (CIA) 40 marks | | | | | End Semester Examination | Total |
|---|--|-----------------------|---|--|-----------|------|------|-----|-----------------------------|-------|
| L | T | P | C | CIA- 1 | CIA- 2 | CIA- | CIA- | Lab | Written | |
| 3 | - | 1 | 4 | 20 | 15 | 05 | | - | 60 | 100 |
| M | Max. Time, End Semester Exam (Theory) -2Hrs. | | | | | | | | | |

Course Learning Objectives

- 1. To understand the concept of different types of gardening practices
- 2. To apply the basic principles and components of gardening
- 3. To design various types of indoor gardens
- 4. To establish and maintain special types of gardens for indoor landscaping

Course Learning Outcomes -

After the successful completion of the course, Learners will able to

- **CO1-** Identify and distinguish between different types of indoor plants
- **CO2-** Describe the cultural methods used for growing various indoor plants
- **CO3** Acquainted with common pest management
- CO4- Develop entrepreneurial skills of develop various types of indoor gardens

Indoor Gardening

Unit 1 – Introduction

- **1.1** Introduction to plants used in Indoor Garden
- **1.2** Botanical Terminologies
- **1.3** Types of plants and plant parts, Morphological characters

Unit 2 – Indoor Plant Culture

- 2.1 Soil and its Characteristics and Organic Gardening
- **2.2** Mineral Nutrition and Garden Implements
- 2.3 Potting Mixtures, Essential soil elements
- 2.4 Common plant pests and pest management

Unit 3 - Garden Techniques

- 3.1 Kokedama and Microgreens
- **3.2** Terrariums and Dish Garden
- **3.3** Hanging Baskets and Bonsai
- **3.4** Indoor foliage plants and maintenance

Practicals:

- 1. Identification of important garden plants and their parts
- 2. Preparation of compost and bioenzyme
- 3. Recycling of waste as planting containers
- 4. Preparation of Kokedama and Hanging baskets
- 5. Preparation of Terrarium and Dish Garden
- 6. Propagation of foliage plants for indoors

References:

- 1. Bose TK, Maiti RG, Dhua RS and Das P. 1999. Floriculture and Landscaping. Naya Prokash.
- 2. Nambisan KMP.1992. Design Elements of Landscape Gardening. Oxford & IBH.
- 3. Randhawa GS and Mukhopadhyay A. 1986. Floriculture in India. Allied Publ.
- 4. Trivedi, PP.1983. Home Gardening. Statesman Press. New Delhi. India.
- 5. Sabina GT and Peter KV. 2008. Ornamental Plants for Gardens. New India Publ. Agency.
- 6. Woodrow MG.1999. Gardening in India. Biotech Books.
- 7. Arora, JS. 1999. Introduction to ornamental horticulture. Kalyani Publishers, Ludhiana, India.